

Boston Woman Recommending It To Her Friends

Popular Boston Lady Says Ton Line Has
Proven a Valuable Aid

It is always interesting to listen to the statements of our friends, and especially when you know they are sincere and honest in what they say. Added interest is created in a statement coming from one who has spent a lifetime in Boston, where she is well known socially.

Such a person is Annie Stewart, who resides in Boston and is possessed of the respect and confidence of her associates, and is willing for anyone to call on her to verify the following signed testimonial:

"I have suffered with stomach trouble for the past seven years. It took the form of indigestion and dyspepsia. I had dizzy spells and headaches, and after I ate a little food I would ferment and cause gas to form in my stomach. I had pains all over my body, and was chronically constipated. My liver was torpid, and I felt generally miserable. I had doctored and had been in the hospital, but received no permanent relief. I was so nervous and restless that at night I could scarcely sleep. The gas pressing under my heart caused palpitation, and when I arose in the morning I was just as tired as when I retired. About two weeks ago I began to take tonoline, and I can truthfully state that it has done wonders in my case. I am feeling like a new woman and can eat any kind of food. I sleep the night through and have no more aches or pains; in fact, it has cured me, and I am recommending it to all of my friends, as it has been a Godsend to me."

All druggists sell and guarantee tonoline.

There are numerous symptoms of this trouble that tonoline can relieve. In fact, any of the following may denote affections of the stomach: Indigestion, dyspepsia, belching of wind, bad breath, sick throbbing headache, poor circulation, night sweats, tired feeling, costiveness, coated tongue or a poor complexion.

Caution:—As tonoline is recommended as a flesh builder those not wishing to increase their weight 15 pounds or more should not take it continuously.—Adv.

METHODIST SUNDAY SCHOOL ALLIANCE HOLDS MONTHLY MEETING.

The Methodist Sunday School Alliance held its monthly meeting at the A. M. E. Publishing House, Sunday, August 12th at 3:30, with a large representation present. The meeting was under the auspices of Second Street Church. The topic under discussion was the "Junior Department, Its Needs and How to Meet Them." Miss Clara Louise Lowe, president. A very interesting paper was read by Miss McClain. Little Miss Nona Work, Edwina Randalls and Lovella May recited. The subject for discussion next meeting is, "How may the Alliance be of help to my Sunday school?" St. Luke, Salem and Ebenezer presiding.

MT. OLIVE B. Y. P. U.

The members of Mt. Olive B. Y. P. U. were called to order by the president J. C. Maddox at 6:30 p. m. Singing from Celestial Showers No. 1, Scripture reading by the school, (Isa. 41:1-9). Prayer was offered by Rev. G. W. Woodby of California. The captains took charge of their respective groups at 7:20 p. m. The lesson was beautifully reviewed for fifteen minutes by the teacher, D. R. Washington. A splendid program was rendered by group No. 4. A special program will be rendered Sunday, August 19, by group No. 1. The public is invited to attend this B. Y. P. U. The meeting will begin at 6:30 p. m.

NEGRO PUBLIC LIBRARY.

"A get-together" meeting has been called Thursday, Aug. 30, at 7:30 p. m., sharp, at all Sunday school Superintendents and one other representative of every Sunday school in the city irrespective of denomination. Every Sunday school that is interested in the welfare of the child is expected and urged to be represented.

Visitors. Two out of town visitors came in to see the library during the week. Lawyer Neil, of Washington, D. C., and Mrs. Burgess of Chicago, Ill. Visitors are always welcomed at the library.

Fiction. Some of the latest fiction is in the library.

In books lies the soul of the whole past and present. On the shelves of your public library are books that can be the making of young men and

M. T. MALLON'S CANDIDACY

Goes Before the Voters of Nashville With Appeal For Support

MAKES CANDID STATEMENT

Record As Business Man and Citizen Forcibly Presented For the Public Consideration

ANNOUNCES HIS PLATFORM

To the People of Nashville:

I am a candidate subject to your suffrage, for the office of Commissioner of Waterworks, Streetcleaning and Workhouse, and believing that the voters are entitled to a frank and candid statement of views and principles from their candidate, I declare and pledge myself to the following principles:

1. While I recognize that party politics will not be a test of eligibility and fitness in a municipal contest, and as this, I will state that, if elected, the democratic principle of equal rights to all and special privileges to none, shall be the governing principle of my official conduct, and in support of this pledge I point to the record of my life, both as a party man and as exemplified in my personal and business career.

2. Eight years ago I was a candidate before the people for the Board of Public Works (the title under which our city's governing body was then legally designated) and although defeated on the face of the returns by a few votes, the conduct of the election, and especially the counting of the ballots in several of the wards, was such as almost to conclusively indicate the presence of gross frauds and a corrupt election, in which my election would have been conclusively assured by a decisive majority. Against the protests of friends and supporters, and indeed of many who had opposed me in my ambition and who had cast their ballots against me, I declined as a good Democrat to contest the election, and thus embroiled the city and people in a disturbing and expensive contest. I elected to prefer vindication at the hands of the people at some future date, and that vindication I now seek and confidently expect from your ballots at the ensuing election.

3. My party record, as well as my record as a citizen and business man, is open to you, and I invite its inspection. I was originally a mechanic and for four years worked at the bench, but for the past twenty years have been engaged in the mercantile business in Nashville. I have been engaged and interested in industries which have given employment to labor, and helped uphold and develop our city. I was for eight consecutive terms president of the Retail Grocers' Association, and am now a director in that and other business corporations, whose aim and endeavor is the upbuilding of Nashville and the prosperity of its citizenship.

4. From my early boyhood I have been the consistent friend of labor, and have never had a connection or exercised an influence over any business in which labor was not recognized and its rights and interest protected. During the American Railway Union strike, commonly known as the Delis' strike, I furnished money and provisions to the men out of employment and materially assisted in the adjustment of the trouble, and the reinstatement of the men to their former positions, and did likewise later in the local cotton mill strike in conjunction with "The Laine Mill," the late Maj. John J. McCann.

5. I initiated the fight now pending in our courts and in the forum of public opinion against what is commonly known as "The Ice Trust." Having called to my notice the policy of this monopoly in the matter of short weights and excessive charges, and its probable further encroachments on the rights of the helpless consuming public I called the matter to the attention of the Retail Grocers' Association, and vigorously pressed the fight, with the result that there is now pending against the officials of the company indictments charging violations of the Anti-Trust laws and a bill in our Chancery Court looking to the annulment of the charter of the offending corporation.

6. If elected, I shall do all and everything in my power to conserve the interest of the taxpayer of the city, and while an advocate of the progressive improvement and the proper and necessary maintenance of our city's streets, schools, parks and other utilities, yet I advocate retrenchment and reform in the financial management of our city. Extravagance should be throttled, expenditures wisely and conservatively retrenched, useless offices abolished, the rate of taxation diminished, our bonded indebtedness decreased, thus re-establishing the financial prestige of Nashville once so high, and inviting new citizenship to our midst instead of driving from us to other communities our own people as admittedly the policy now pursued is doing.

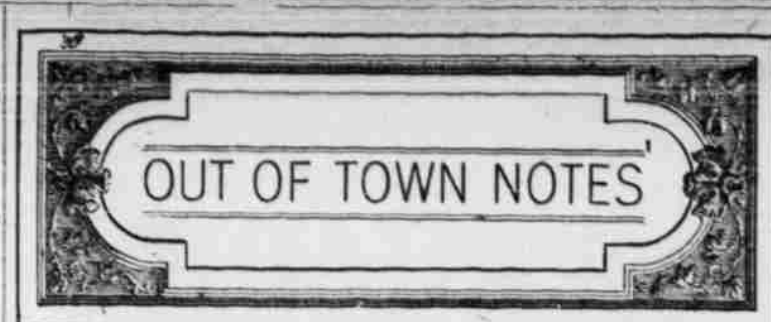
Pledged to these principles, and to the enforcement of all laws and prompt, efficient and courteous administration of the duties of the office, I announce myself a candidate for the Commissionership of Waterworks, Streetcleaning and Workhouse, subject to the Democratic primary, and respectfully ask your vote and influence.

Very respectfully,
M. T. MALLON.

MISS DUNSON VISITS IN GALLATIN.

Miss Mary A. Dunson, the efficient cashier of the National Baptist Publishing Board and her niece, Miss Annie Mai Dunson, were the guests of relatives and friends in Gallatin Sunday. While there they spent the day pleasantly visiting places of interest and renewing acquaintances. They returned to the city Sunday night.

Under the leadership of Dr. T. S. Burwell, the local physicians have already completed plans for the Convention which makes it seem absolutely certain that the National Medical Association will have one of the best sessions in its history.



BRENTWOOD.

Mrs. R. E. and Mr. Henry Hunt, Jr., were delegates from the First Baptist Church and Sunday School last week to the Murreboro attending the Stones River Sunday School Convention and Association. They report a great session. Many delegates were in attendance and were well cared for by the good pastor, Dr. Kennon and the Murreboro members of the First Baptist Church. Quite a nice outing on last Sunday evening when brother R. E. Hunt carried a nice delegation from here to hold services at Mallory Station. Brother Hunt preached from the 3rd chapter of St. John, text, "And ye received not our witnesses," subject, "Make preparations." We had a good meeting and we were asked to return again. Brother Lewis Buchanan preached at our home church Sunday night. Rev. T. W. Watkins preached for Rev. Tom Prim Sunday at a basket dinner meeting. Mrs. Oscar Owens was elected District Missionary of the Women's Auxiliary of the Stones River Association last week while in session. The Primitive Baptist had a footwashing here last Sunday. Elder Boyd, the pastor preached the footwashing sermon.

WESSINGTON.

Rev. John Phillips, of Wessington, preached at Calvary, last Sunday to a large congregation. Rev. Phillips was accompanied by his wife, two daughters Margaret and John also his little son, Joe Washington. Miss Ruth Dyke, of Herman, had as her guests Friday, night, Mrs. Rankin Royle of Columbia, and Mr. John Green of Wessington. Miss Dyke, is a charming hostess and served a delightful menu. Mr. and Mrs. Jack Trabe, were host and hostess to a delightful hay ride, Saturday night in honor of Mrs. R. S. Doyle, of Columbia, Tenn. The party drove to Herman, and from there to Cedar Hill. The ride was indeed an enjoyable one. Those in the party aside from the host and hostess were: Mrs. R. S. Doyle, of Columbia, Mrs. Emma Carter, Mrs. Mrs. Mary Washington, Mrs. Hattie Napier, Miss Jennie Darden, Miss Mary Lucy Trabe, Messrs Marcellous Williams, Shelton Trabe, Ben Frazer and George Strain. Miss Estella Burns of Cedar Hill is visiting relatives in Nashville. Mrs. Annie Holmes Washington, of Lexington, Ky., is here visiting her parents, Mr. and Mrs. Jackson Trabe and Mr. and Mrs. Allen Washington spent Monday in Springfield. Mrs. R. S. Doyle and Miss Jennie Darden, will visit Springfield, Tuesday. They will be the guests of Mr. and Mrs. Chas. Bell.

BROWNVILLE.

The sacred concert at the First Baptist Church, Sunday afternoon, was quite a success. A most splendid program was rendered. The Farmer's Chapel choir furnished many beautiful numbers which the audience enjoyed very much. This concert was conducted by J. W. Leigh, who is the able leader of the Ladies club. This club is endeavoring to raise more money than the male members of the church by the 1st of September. This money will be used to beautify the church.

Mr. Henry Jones of Memphis, is the guest of his mother, Mrs. Ellen Jones, on Tyus, Ave. Mr. Jessie Jones of Memphis was called to the bed side of his brother, Mr. Richard Longley. Mr. and Mrs. Jim Wilson, are rejoicing over "Suella," their little daughter who arrived last Thursday, Aug. 9, 1917. The Progressive club of the C. M. E. Church opened their summer carnival, Monday evening of this week at the residence of Mr. and Mrs. C. J. Porter. The veranda and lawn were beautifully decorated with Japanese lanterns, where many different features of amusement were enjoyed. Mr. C. J. Porter, in her booth, played well her part as the fortune teller of the evening. Mr. John Green, had charge of the shooting gallery, which was very successful and enjoyable. Prizes were awarded Mr. Alex Hill and Miss Fannie Taylor in the foot contest. While Miss Georgia Taylor in a very pretty booth had charge of the cakes which were baked by her. The apple biting contest was indeed amusing, which Mr. Earl Taliaferro conducted. The carnival was largely attended. Mr. Dorsey Parker, of Kansas City, Kans., formerly of Brownsville, is visiting his parents, Mr. and Mrs. Dick Parker. Mrs. C. J. Porter entertained a large number of little folks on last Thursday afternoon with a very pretty party complimenting her attractive little niece, Irbly Simmons of Humboldt. Music and games were enjoyed until 6 o'clock, when the charming hostess served an ice course. The little folks were served by Misses Fannie Taylor and Della Ware, who presented the honoree with an orange cup. About 35 enjoyed the hospitality of the hostess. Irbly Simmons has returned to her home after a pleasant visit with her aunt, Mrs. C. J. Porter. Sick list for the week: Messrs Aubrey Parr, Isaac Holaway, Richard Longley, Mrs. Lillie Williams, Mr. Longley who has been seriously ill, for a number of days is convalescent. Mrs. Della Peoples was the hostess of a very enjoyable party Sunday afternoon, given in honor of the visitors of the city. Whist and croquet were enjoyed until about six o'clock, when the charming hostess served a dainty menu consisting of salad, pickle, crackers, fruit cream and cake. Little Iva Parker and Eva Coats served punch. The out of town guest was Mrs. J. R. Gloster of Memphis. Misses Cora Sutton and Lucile Rym of Memphis, Misses J. P. Manney and Mable Brooks of St. Louis, Mo., and Mr.

The meetings of the Rev. G. W. Woodbey of San Diego, California, will at the request of the large and enthusiastic audience which attended last Sunday, be continued for the present at the BHOJ next Sunday, August 19 at three o'clock. The theme of next Sunday's sermon will be "Should the preachers Apply the Teachings of Christ and the Bible to the Present War?"

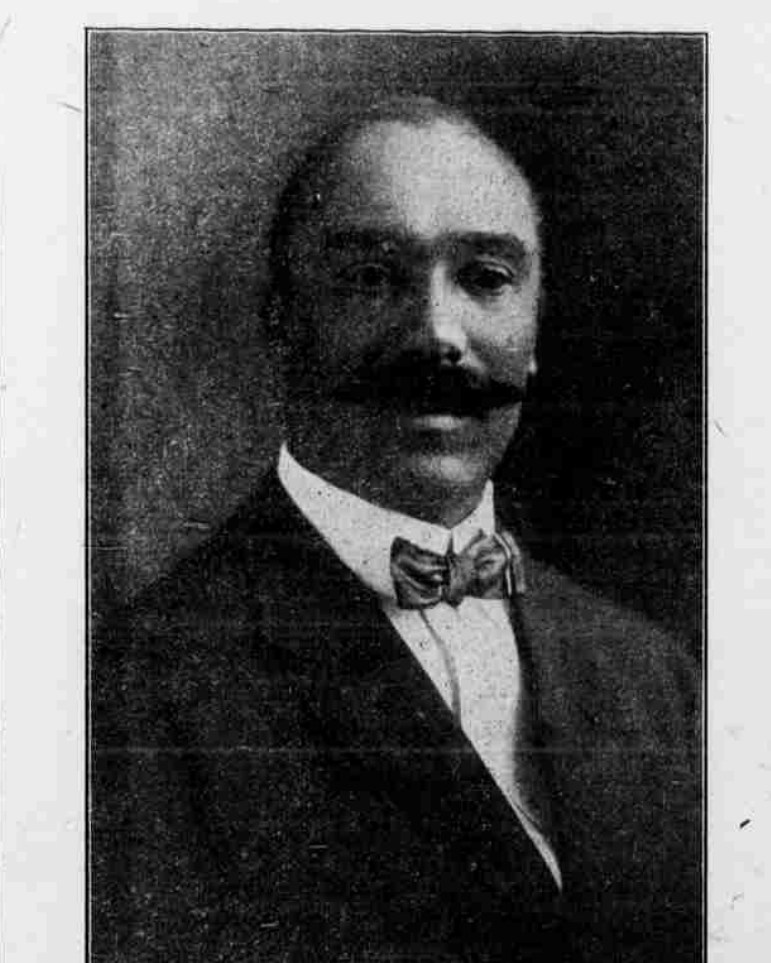
The sermon preached last Sunday was followed with marked attention from start to finish. As he went on to show that we professed Christians are not following the teaching of Christ upon the three great cardinal principles of rent, interest and profit.



REV. G. W. WOODBEY.

which are only three names for the same thing. That these three things lie at the bottom largely of all the poverty, vice and crime of the past and present. That interest on money and monopoly and the perpetuation of debt was forbidden under the law of God given through Moses. He showed that Christ said loan hoping to receive nothing again. That to put the golden rule in practice would overthrow the present industrial system. That we Christians cannot sanction the present economic system and follow Christ. But why spoil the address by attempting to give a poor synopsis. Only those can appreciate the wonderful sermon who were fortunate enough to hear it.

There were more than a hundred white people out to hear the preacher, and three times as many colored. While the preacher's manner of delivery is conversational, he has the power to rise to grand climaxes of inspiring thought, which give him the sympathy of his audience. To fully appreciate him he must be heard.



MR. JOS. L. JONES.

Of Cincinnati, Ohio, Editor of The Fraternal Monitor, Chairman of the Executive Committee of the National Negro Press Association, who called the meeting in order at Chattanooga, Tenn., during the session of the National Negro Business League.

Says a Glass of Hot Water Every Morn- ing Before Break- fast Will Take Off Fat If You Get More Fresh Air

Be Moderate in Your Diet and
Reduce Your Weight With
Tasso

Lack of fresh air weakens the oxygen-carrying power of the blood, the liver becomes sluggish, fat accumulates and the action of many of the vital organs is hindered thereby. The heart action becomes weak, work is an effort and the beauty of the figure is destroyed.

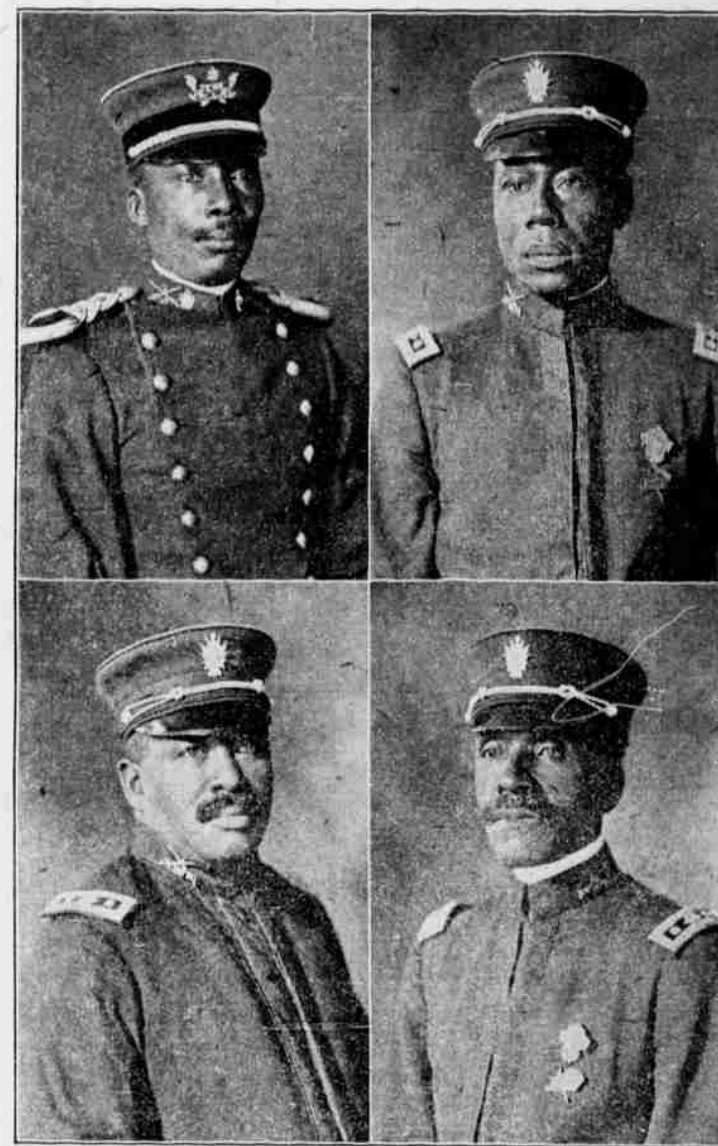
Fat put on by indoor life is unhealthy and if nature is not assisted in throwing it off by increasing the oxygen-carrying power of the blood, a serious case of obesity may result. When you feel that you are getting too stout, take the matter in hand at once. Don't wait until your figure has become a joke and your health ruined through carrying around a burden of unsightly and unhealthy fat.

Spend as much time as you possibly can in the open air; breathe deeply and get from any druggist a box of Tasso, take a glass of hot water every morning before breakfast then take Tasso after each meal and at bedtime.

Weigh yourself every few days and keep up the treatment until you are down to normal. Tasso is absolutely harmless, is pleasant to take, helps the digestion and is designed to increase the oxygen-carrying power of the blood.

Even a few days' treatment should show a noticeable reduction in weight. There is nothing better for obesity.—Adv.

Mrs. L. G. Sims of New York was in the city a few days last week, visiting her relatives, Mr. and Mrs. Sam Jones, 1907 Cartwright St.



Live Wires Fall in Major George Hall, Adj. Wm. Puckett, Quartermaster W. H. Patton, Commissary Substantance G. W. McClellan.

HOTEL DALE GUESTS.

Cape May, N. J. Aug. 15, 1917.

PHILADELPHIA.

Henro Hoskins, Florence Brooks Marie Potters, Oliver Tate, Ebon E. Cumberbatch, Wm. H. Jackson, Wm. D. Jackson, Jno. A. Carrington, Miss Stella Wallace, J. H. Nugget and wife, Rev. Hy S. McButry, Mr. and Mrs. Thos. Hall, J. H. Brithwood, Lucien M. Parrish, Miss Belle Peterson, A. W. Milton and wife, Mr. W. H. Willis and wife, Alice Purdy Jno. Harris.

WILMINGTON.

Jno. Hopkins, Mrs. Jos. Hopkins, Delancey Hamilton, Mrs. Delancey P. Hamilton.

ATLANTIC CITY.

Mrs. Claudius Nelson, Maurice Clifford, Washington, D. C.

BALTIMORE.

F. Williams, Robert Darfield, H. Williams, Mrs. R. Linberry, Richard Thompkins.

RICHMOND.

Geo. W. Wilkerson, Jr., Wm. H. Tinsley, Maurice P. Tyler, Robt. A. Crump, Chas. Waddy, Archie L. Ferris, A. C. Johnson, M. D.

Octavia Waters, Norfolk, Va. Miss Davis, Charlotte, N. C. Mrs. J. H. Darden, Opelika, Ala. Miss Morris, Charlotte, N. C. A. W. Newton, Camden. C. Camey, Durham, N. C. Miss Pondoe, Charlotte, N. C. Wm. C. Price, Penelo. Mr. and Mrs. Clarence P. Holland, Cooville, Pa.

Mrs. Percy Capps and daughter, Toledo, Ohio.

Walter P. Smith, Pittsburg. Mrs. Proctor and daughter, Pittsburg.

DEMONSTRATION IN CANNING AND DRYING AT NAPIER SCHOOL.

Wednesday, August 8, the Community Club and N. P. T. A. met on Napier campus, Miss Fields, of Peabody Normal, together with her assistants, Miss Mary Ambler and Miss Torrey. They demonstrated canning corn and beans and tomatoes. More than fifty ladies were present and great enthusiasm was shown.

dainty menu. Misses Cora E. Sutton and Lucile Ryon, and about twenty five others enjoyed the hospitality of Miss Manney. Prof. F. E. Jeffries and Mr. Alex Hill, the Supt. of the First Baptist Sunday school, are attending the Association at Humboldt. Master Howard Evans, the energetic agent for the Chicago Defender spent last Saturday in Ripley. Prof. J. R. Gloster of Memphis en route to Humboldt, Tenn., to attend the Association, spent the week end in Brownsville, the guest of Dr. and Mrs. C. M. Gloster. Miss Georgia Taylor is out after recent illness.

MT. CARMEL.

The services at King Chapel Sunday were enjoyable. Rev. Mebane had just returned from the Friendship District Sunday School Convention and Association in Memphis. The Rev. seemed to have gained a great deal of inspiration from that spiritual body. The Convention and Association will convene with the Salem Baptist Church in its next annual session. Mr. Ivis Stanford, Mr. George Hall, is sick this week. Mr. Wm. A. Alexander Philip Murphy, Hermon Lacy, Mr. Author Hines, Mr. Willie J. Matthews, James Spingston, Richmond Johnson all have been drafted for the Army they have stood the physical examination and passed. Little Miss Ella Mai Rice Rialto is staying with her grand mother, Mrs. Ella Axeland, and attending school at Mt. Carmel. The young men are preparing to go and take the military training so they can play their part in the world's war. See the reporter for the Globe. Wm. Alexander, Little Miss Rebecca Williams has returned home after a two weeks stay with her aunt, Mrs. Nettie Simes.

VISITING IN THE EAST.

Mrs. Emma Laws and Mr. and Mrs. Wm. D. Laws left the city Saturday night for Louisville, Ky., Cincinnati, and Toledo, Ohio and Detroit, Mich. While in Toledo they will be the guests of Mrs. Laws, daughter of Mr. George Laws Caruthers 142 Robb St. Mrs. Wm. D. Laws and Mrs. Emma Laws will sojourn for two or three weeks but Mr. Laws will return to the city this week. Mr. Thomas Carter was with the party, joining Mr. Laws in Louisville, Ky., where he had gone the night previous on business, he will return to the city with Mr. Laws.



C. J. PERRY.

Philadelphia, Pa., Editor of The Philadelphia Tribune, President of the National Negro Press Association which held its Executive Committee meeting in Chattanooga this week.

BETHEL A. M. E. CHURCH.

Sunday the Intermediate Department of the Sunday school rendered a special service in the regular Sunday school service. Miss Pearl Gantt read a selection, Miss Ella Ramsey sang a solo, a paper by Miss Elizabeth Tinner, subject, "Hope." At 11 o'clock an interesting sermon was delivered by Rev. Bryant and at 8 p. m. was filled by the pastor.

The A. C. E. League held its regular service from 7 to 8 p. m. The social will be announced next Sunday. The Rev. Bryant delivered a lecture to the Missionary Society on Wednesday night refreshments were also served.

We are nearing the conference in peace and harmony, praying to God for a successful wind up. The public always invited.

ST. LUKES A. M. E. CHURCH.

The fourth and last quarterly Conference was held at St. Lukes A. M. E. Church on Sunday and Monday. The presiding elder, Rev. F. W. Gardner, D. D. gave many encouraging remarks to the Sunday school and praised them for their improvements. At 8 o'clock the presiding elder preached a spiritual sermon, subject, "What's the news," every one enjoyed it and on Monday night he gave many interesting lectures at different intervals. The conference closed with a round report and the expectation that the good presiding elder would return to us our beloved pastor, Rev. J. K. Childress, who has built our church. He has brought much help and caused the magnificent edifice to be built and electric lights to be put in.

NOTICE.

Mrs. Talbot of Buffalo, N. Y., president of the National Federation of Women's Clubs will speak at the First Baptist Church, 8th Avenue, at 4 o'clock. The public is cordially invited. A mixed audience of men and women are urged to come.

women in their struggle for a livelihood. Just ask for them. If you haven't registered at the library do so. Skilled workmen and others who want to go ahead read the latest books and magazines found in the library. Knowledge is power.

POST OFFICE TO CLOSE ON LABOR DAY.

The Nashville Post Office will be closed the entire day on Monday, September 3rd, which is Labor Day, a National Holiday. Postmaster Shannon has issued the following order to that effect:

"Monday, September 3rd being Labor Day, a National Holiday, the Nashville Post Office and its Stations will be in accordance with the Postal Act approved during the entire day. This is proved July 25, 1916.

Sufficient collections will be made during the day to properly dispatch all outgoing mail.

The employees whose services must necessarily be required that day will be given compensatory time sometime during the thirty days following Labor Day.

There will also be no service on Rural Routes on that day."

The Postmaster wishes to impress upon all patrons of the office that those who have reason to expect any important mail on that day should arrange before hand with the writers to have it sent by special delivery, otherwise they will not receive it until the following day as it will be impossible to locate the letter in the ordinary mail.

On Wednesday evening a special clinic in Tuberculosis will be conducted by Dr. J. W. Walker, of Asheville, N. C.; Dr. A. W. Williams, of Chicago, and Dr. R. S. Grant, of Colorado Springs, Colo. At the close of this clinic a smoker will be tendered the physicians at O'Neal Hall by the local Medical Society.